Setup: Adrenaline Outdoor Track
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FORMULA EIGHT
SETUP SHEET

Date: July 21, 2024

Name of Drive: Allen Ruble

Track: Adrenaline

Size: □ Open ● Med. □ Tigh
Traction: □ High ● Med. □ Low
Surface: □ Smooth ● Med. □ Bum

Engine	Plug	Muffler	Clutch Spring	Clutch Shoe	Tire	Tire Insert	Wheel	Body	Fuel
			Kit	Kit	Model : Compounds:			JC S15 nitro body	

Diff Gear Set-Up

	Front	Center	Rear
Diff. Fluid	# 10,000	# 7,000	# 4,000
	46 x 13 T	46 x 15 T	46 x 13 T

Shock Set-Up

Cap □ Bladder ● Emulsion	Front	Rear
Oil Brand: _____	# 600 cst	# 600 cst
Spring Collar Spacer	mm	mm
Pistons	Mip high flow drilled 3 x 1.5 , 2 x 1.6 Clear flap	Mip high flow drilled 3 x 1.6 , 2 x 1.7 blue flap
Spring	Mugen L70/9.5T	HB blue

Ride Height

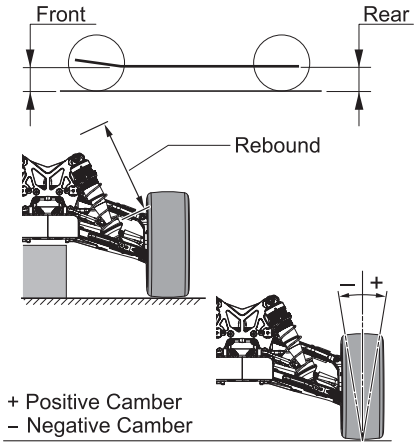
Front	Rear
22 mm	25 mm

Rebound

Front	Rear
103 mm	125 mm

Camber Angle

Front	Rear
-1 °	-1 °



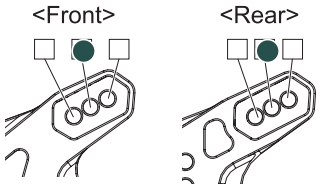
Wheelbase

_____ mm

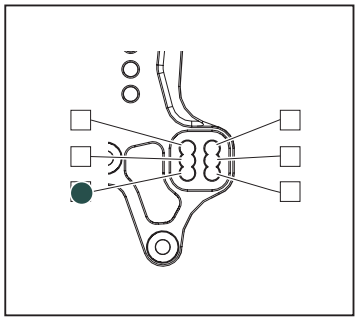
Track Width

_____ mm

Shock Mount Position



Rear Upper Arm Position



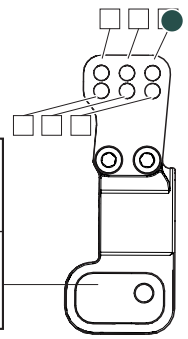
Sus. Arm

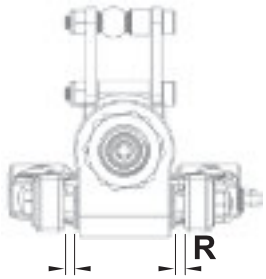
Front	● In	□ Out
Rear	● In	□ Out

Rear Hub

● Plastic
□ Aluminum

Hub Carrier Bush
□ Plastic
□ _____





F/R: 2 / 2 mm

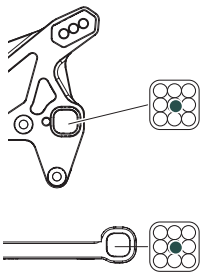
Arm

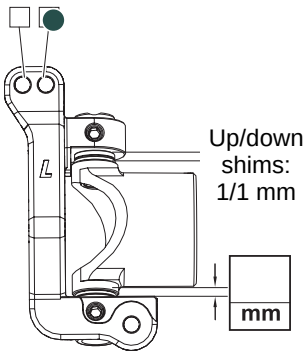
Front	Rear
□ Soft	□ Soft
● Hard (Std.)	● Hard (Std.)
□ _____	□ _____

Front Hub Carrier

□ Plastic ● Aluminum
□ 16° ● 20° □ _____ °

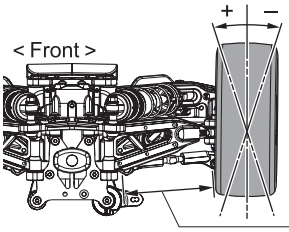
Front Upper Arm Position





Toe Angle

Front
-2 deg



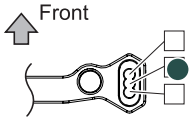
Front Toe-In



Rear Toe-In



Steering Plate



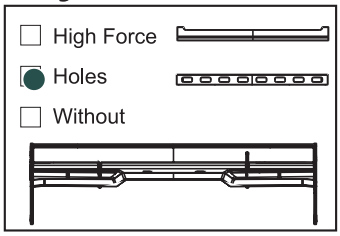
Sway Bar

Front	Rear
φ 2.3	φ 2.4
2mm mm	0 mm



Wing

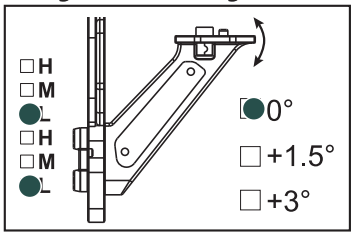
□ High Force
● Holes
□ Without



Wing Position / Angle

□H
□M
●L
□H
□M
●L

●0°
□+1.5°
□+3°



Notes